



Dietitian wins top nutrition award

Nicole Senior, a Sydney-based dietitian, has received a prestigious national award from the Dietitians Association of Australia (DAA) for her contribution to the Association over the past three years.

Nicole received an Outstanding Contribution Award, which will be presented this month at the DAA National Conference in Melbourne.

The award recognises Nicole's contribution to DAA's Corporate Nutrition and Food and Environment Interest Groups, where she has led a range of initiatives, including the first Corporate Nutrition Interest Group Strategic Plan.

She has also helped put food and environment issues, such as food sustainability and climate change, high on the agenda for dietitians. Nicole played a leading role in the highly successful educational event on food and the environment called '*Is our food costing the earth?*' held in Sydney in February this year.

Nicole has also inspired excellence in practice among her peers and mentored newer members of the profession.

'I'm delighted to receive this award from DAA for doing what I believe in – helping dietitians work together to achieve positive outcomes for health and wellbeing, both for the good of the community and the environment that sustains us.

'Dietitians have so much to offer in developing better food for all in a sustainable way. It's an honour and a privilege to work with so many committed and talented dietitians on such important issues,' said Nicole.

Nicole is an Accredited Practising Dietitian and runs her own Sydney-based nutrition consultancy, Professional Nutrition Services.

She is also well-regarded for her work with the media, and has previously represented DAA in the media as an official media spokesperson for the Association. She writes a regular column and feature article on nutrition and health in *Super Food Ideas* magazine and has authored two nutrition books.

Nicole completed her nutrition and dietetic training at the University of Wollongong and has Graduate Certificates in Marketing from the University of New South Wales, and Public Relations from the University of Technology Sydney. Nicole received a NSW Branch Service Award from DAA in 2001.

For further information or to organise an interview contact Maree Garside,

Dietitians Association of Australia on 0408 482 581.

Note to Editors: The Dietitians Association of Australia (DAA) is the professional body representing dietitians nationally. Accredited Practising Dietitian (APD) is the only national credential recognised by the Australian Government, Medicare, the Department of Veterans Affairs and most private health funds as the quality standard for nutrition and dietetics services in Australia. For more information visit www.daa.asn.au

Ends

Background

- The DAA National Conference is being held from May 27-29 at the Melbourne Convention and Exhibition Centre. For more information and program details, visit the conference link on the DAA website at www.daa.asn.au