



## Young achiever wins top nutrition award

A leading dietitian has been honoured with a national award by the Dietitians Association of Australia (DAA) just six years after graduating from her nutrition studies.

Sydney-based Tara Diversi has been presented with the Young Achiever Award (in memory of Joan Mary Woodhill) at the DAA National Conference, which is being held in Melbourne this month.

In presenting the award, DAA President Julie Dundon said Tara's achievements in her relatively short career as a dietitian show age is no barrier to success.

'Tara has made a huge contribution to the nutrition profession. She has been a media spokesperson for DAA since 2006, has led our Dietitians in the Private Sector Interest Group, and is a National Advisor at the Department of Veterans' Affairs,' said Ms Dundon.

Ms Diversi is the Director of Health Management, a successful Cairns-based nutrition business, that she set-up soon after graduating from University. She employs seven Accredited Practising Dietitians and uses novel ways to manage her staff.

While maintaining her business, Tara has recently started teaching nutrition and dietetics students at the University of Sydney. Her lectures have focussed on 'real life situations' the students will face when they graduate as dietitians.

Tara is passionate about combining her business and psychology knowledge with her work as a dietitian.

She also has a keen interest in business management, graduating from a Masters of Business Administration (MBA) from Deakin University in 2008. Tara will share her expertise on business planning with her dietitian colleagues at the Association's National Conference this month.

Ms Diversi has completed a Bachelor of Health Science and a Masters of Nutrition and Dietetics from Griffith University. As well as her MBA, she holds a Graduate Diploma in Psychology.

**For further information or to organise an interview contact Maree Garside,  
Dietitians Association of Australia on 0408 482 581.**

**Note to Editors:** The Dietitians Association of Australia (DAA) is the professional body representing dietitians nationally. Accredited Practising Dietitian (APD) is the only national credential recognised by the Australian Government, Medicare, the Department of Veterans Affairs and most private health funds as the quality standard for nutrition and dietetics services in Australia. For more information visit [www.daa.asn.au](http://www.daa.asn.au)

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### Background

- The DAA National Conference is being held from May 27-29 at the Melbourne Convention and Exhibition Centre. For more information and program details, visit the conference link on the DAA website at [www.daa.asn.au](http://www.daa.asn.au)